



Dear Parent and Athlete:

School Year 2008-2009

Welcome to the Athletic Department at Amador Valley High School. Due to current legislation, it is necessary for you to complete the following steps in order to begin practice with your team:

1. READ the Student Handbook for Extra-Curricular Activities--
TURN IN a signed Athletic Agreement & Code of Conduct Form.
2. TURN IN a signed Athletic Insurance Information Card.
3. TURN IN a current Physical Examination Form signed by a doctor. An annual examination, or a statement by a medical doctor certifying that the student is physically fit to participate in athletics every year.
Please note that chiropractic exams are no longer acceptable.
4. TURN IN a completed & signed Emergency Card.
5. TURN IN a completed Athletics Eligibility Screening Form.
6. TURN IN a completed & signed NCS Non-Use of Steroid Agreement.
7. Turn In a completed & signed NCS Ejection Policy.
8. Turn In a signed Tri-Valley Orthopedic Certification Form.
9. PAY the transportation fee-varies (\$400.00 max/family/year).
10. SHOW the Student Activities Secretary your grade card from the previous grading period which must reflect a 2.00 G.P.A. and no "F's". Grades will be monitored by the Athletic Director and your coach during the season.
11. PURCHASE a Student Body Sticker (\$65.00).
12. Be clear of any indebtedness for lost or damaged books. This will be checked in the Student Activities Office.
13. Make sure you and your parents attend a pre-season mandatory parents' meeting.

NOTE: Due to contracted services the sport cost will be based on the mode of transportation and number of away games. Fee will be collected as part of your sport clearance procedure. Once the team roster has been submitted to the Athletic Director the only APPROVED refund will be for injury/medical reason. If the player chooses not to participate in the sport there will be NO REFUND.

<u>SPORT</u>	<u>SEASON</u>	<u>SPORT</u>	<u>SEASON</u>
Boys Water Polo	Fall	Girls Soccer	Winter
Cross Country	Fall	Wrestling	Winter
Football	Fall	Baseball	Spring
Girls Golf	Fall	Boys Golf	Spring
Girls Tennis	Fall	Boys Lacrosse	Spring
Girls Volleyball	Fall	Boys Tennis	Spring
Girls Water Polo	Fall	Boys Volleyball	Spring
Spirit Squad	F/W/S	Girls Lacrosse	Spring
Boys Basketball	Winter	Softball	Spring
Boys Soccer	Winter	Swimming/Diving	Spring
Girls Basketball	Winter	Track	Spring

Bring Items 1-11 to the Student Activities Office window. **DO NOT GIVE THEM TO YOUR COACH.** The Student Activities Office will be open starting August 4 from 7:30 a.m. to 3:30 p.m. **NO ATHLETE WILL BE ALLOWED TO PRACTICE AND/OR PARTICIPATE IN ANY GAME, MEET, ETC., UNTIL ALL PERTINENT DOCUMENTS HAVE BEEN TURNED IN TO THE STUDENT ACTIVITIES OFFICE. A CLEARANCE SLIP WILL BE ISSUED VERIFYING THE COMPLETION OF THE PROCESS.** Remember the Parent Information Meeting is mandatory and must be attended before the clearance procedure is complete.

Amador Valley High School is proud of its athletic program and of its athletes. Thank you for your support and have a rewarding experience in your chosen sport.

Amador Valley High School Administration

2008-2009